

# View Ridge Elementary



## Virtual Family Field Day 2020

The PE Department would like to introduce our upcoming  
Virtual Family Field Day!

Unfortunately, we are unable to have partake in our typical school field day. So we thought, "Why not still try to have field day from our homes!?" Sounds a bit crazy? Yes, but it will be even more fun!!

### Here are a few things to know:

1. On Monday June 8<sup>th</sup>, we will send out a list of field day games and competitions with detailed directions to complete at home.
2. You can pick any day and time that works best for the whole family between June 8<sup>th</sup> - 12<sup>th</sup>, completing it either over a couple days or all at once.
3. This will consist of a number of fun yet **EASY and SIMPLE** competitions using materials already in your house. It should take less than an hour total.
4. You will need some space to complete the activities. If you can, head outside possibly in your yard or a nearby park for some of the activities.
5. Have fun, be creative and flexible, dress up if you'd like – matching T-shirts, head bands, face paint, etc. Most of all stay safe and healthy!
6. Finally, post videos of the competition to the Field Day Flip Grid!! (code to follow)

### Materials to gather over the next week in preparation:

\*If you don't have one of these items, no worries! See if you can find a creative solution to use something else. 😊

- |                                   |                                   |
|-----------------------------------|-----------------------------------|
| ✓ Water Bottle                    | ✓ Pillow case or trash bag        |
| ✓ A couple sheets of paper        | ✓ Socks                           |
| ✓ Bucket or laundry basket        | ✓ Cup                             |
| ✓ Unused balloons or plastic bags | ✓ Clean load of laundry, unfolded |



Stay tuned for more info. We can't wait to see all your flip grid videos!

Email any questions to [twheeler@everettsd.org](mailto:twheeler@everettsd.org) and [jecleston@everettsd.org](mailto:jecleston@everettsd.org)